



Deadline  
for entries is  
**Friday  
6 November  
2009**  
so get started  
today!

## Seen&heard 2009

We're looking for inspiring young people from around the world. Young people who've made a real difference to their own lives and the lives of others. Young people who make their voices heard about the issues that matter.

Whether it was contributing to a magazine, defending the rights of young carers, or giving a voice to children on the streets – if you or someone you know has used speaking and listening skills to achieve something positive, we want to hear about it! Judged by a panel of young people, the best entries will be nominated for a BT Seen and Heard award, and UK winners will have the chance to tell their story at the national ceremony.\*

### Enter now!

Entering the awards is easy. To nominate yourself, a friend, an adult or an organisation that has helped you to be Seen and Heard – just visit the Better World website, or email us at [seenandheard@bt.com](mailto:seenandheard@bt.com) to find out more.

\* Please note: anyone can enter and win the Seen & Heard awards. However, we are only able to consider providing ceremonies in countries where BT operates.

the  
**better**  
world  
campaign